



Report

on

Staying Healthy and Safe at Workplace

Date; 16-04-2021

No. of participants, 22

Resource Person: Prof. Prajna Pani

About Resource Person:

Prof. Prajna Pani obtained her doctorate from Utkal University in 2008. Her specialisations include Linguistics and ELT and 20th C British Literature. She has invested 21 years in teaching, mentoring, training and development. She is passionate about empowering people to succeed in their lives by enhancing their soft skills.

About the Session:

In order to create awareness, a workshop on **Staying Healthy and Safe at Workplace** was conducted by centurion university, on a virtual platform for all the faculties. This session aimed to highlight the importance of maintaining good personal hygiene and to illustrate the importance of comprehensive cleaning to maintain good health and a better personality in society.

Ms. Prajna Pani conducted this virtual Health and Hygiene session. Presentations on physical health, mental health, and healthy habits were made and explained in the session. Students were keen to learn more about personal hygiene and came up with a volley of questions in the Q&A session.

This session was a reinforcement to maintain and enhance good hygiene habits and contribute to the wellness of society.

Workplaces have played an important role in both the spread and mitigation of the COVID-19 pandemic throughout the world. Being provided a healthy and safe workplace throughout the pandemic and beyond is a human right. Maintaining open, safe and healthy workplaces is of vital importance to protecting livelihoods, wellbeing and public health. Critical public health measures can help protect workers, their clients, and the community at large. Through an introduction and 5 modules, this course aims to guide workers and their representatives, business leaders, employers, managers and occupational health and safety professionals on how to protect themselves and their workplace during the COVID-19 pandemic.

- General safety orientation for new employees and employees starting new jobs, including company safety regulations and emergency procedures.
- Specific training on the hazards of their jobs and how to do their jobs safely. (Many OSHA standards include specific training requirements)
- Retraining
 - As required by the standards

- When jobs change
- When employees return from long absence
- As needed to ensure employees know how to do their jobs safely.

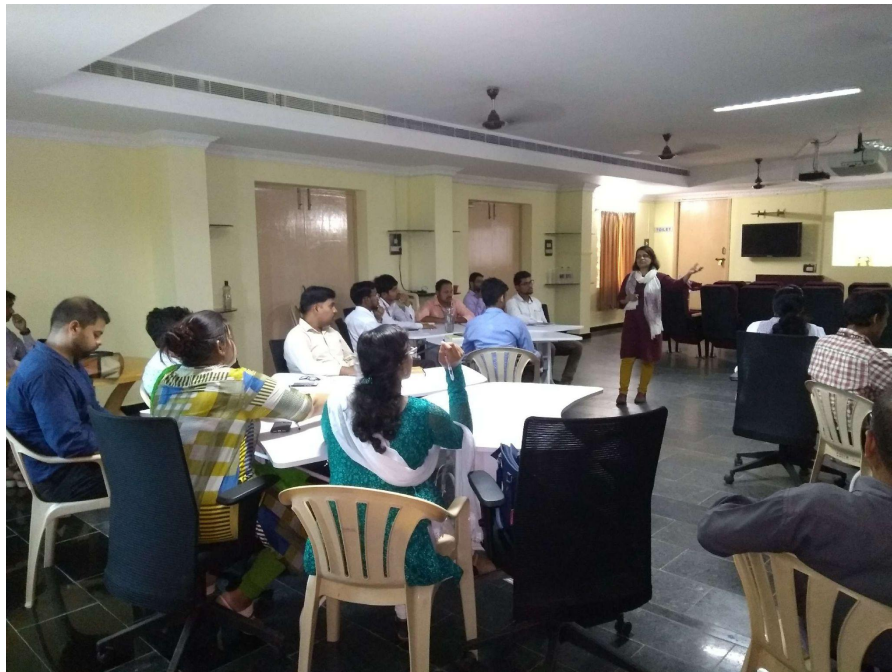
The session ended with Mr. Smruti Ranjan Parida concluded the session with some remarks Maintaining good health and hygiene means maintaining a very positive and fit social relationship as well.



List of Participants

1	Chitta Ranjan Pattanayak	Sr. Manager (HR & Admin.)
2	Monalisha Ghosh	General Manager
3	Golaka Martha	Attendant
4	Subhasis Routray	Manager Operation
5	Sujan Singh	Office Assistant
6	Manas Ranjan Nayak	Office Assistant
7	Sudhansu Mohapatra	Supervisor (Administration)
8	Dillip Kumar Lala	Assistant Manager (Project)
9	Binay Kumar Singh	Supervisor

10	Chandan Mohanty	System Assistant
11	Ajaya Kumar Sahoo	Office Manager
12	Kusmanjali Mohapatra	Attendant
13	Bidyadhar Pradhan	Office Assistant
14	Hullash Sahoo	Attendant
15	Ranjana Sahoo	Attendant
16	Pranati Dei	Attendant
17	Ullasini Routray	Attendant
18	Dhruba Ram Mishra	Attendant
19	Bishika Giri	Attendant
20	Ranjita Mangaraj	Attendant
21	Pramod Kumar Dash	Administrative Associate
22	Chandra Sekhar Jena	Assistant Manager (HR)



Prasanta

Dr. Prasanta Ku. Mohanty
Dean Academic

Prabhat

Prabhat K. Pattnaik
FDP Coordinator