

## Swimming Competition (Staff), Bhubaneswar

Date: 4th November, 2017

A healthy body and balanced mind: Swimming keeps a student's heart and lungs healthy, improves strength and flexibility, increases stamina, and even improves balance and posture, and even concentration and memory. keeping in mind the benefits and results of game and sports in student mental and physical health, Centurion University of technology and management has come up with Swimming Competition (Staff), where 5 Schools Department are participated. Many students took part with their excellent sportsmanship skills, out of which school of engineering and technology was declared the finalist.



Fig: Students warming up before competition



## Participants list:

Dilip Kumar Mohanta	M.Tech.
Manas Ranjan Padhi	M.Tech.
Sudeep Kumar Singh	M.Tech.
Suvendu Kumar Nayak	M.Tech
Shivani Nanda	M.E
Raj Kumar Mohanta	M.Tech
Rakesh Kumar Ray	M.Tech

Coordinator

Mr. Rabi Narayan Routray Director Sports