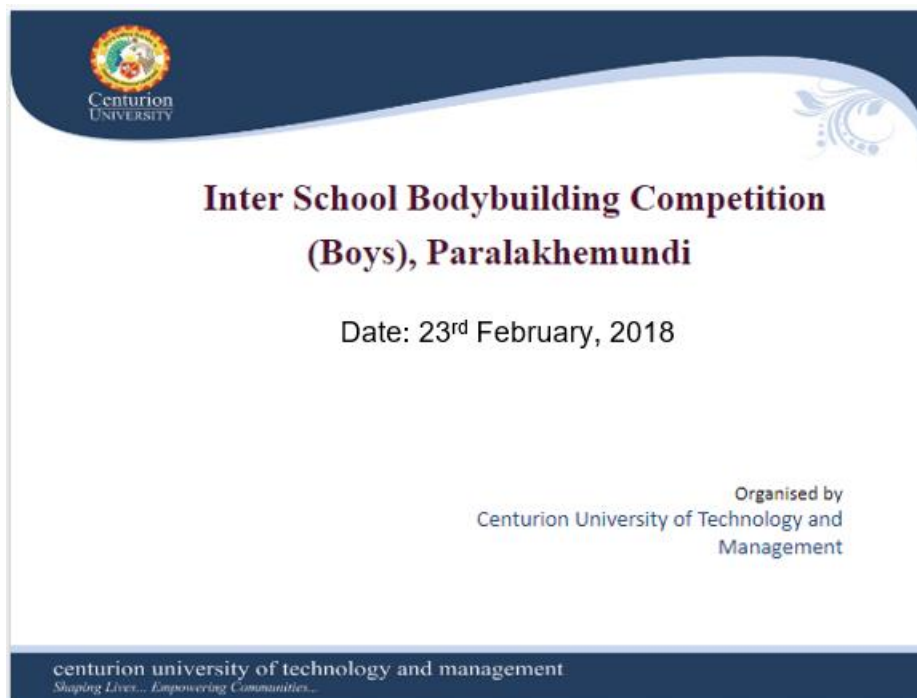


Inter School Bodybuilding Competition (Boys), Paralakhemundi

Date – 23th Feb, 2018

Centurion University of Technology and Management Organized Inter School Bodybuilding Competition (Boys) 23th Feb. Bodybuilding is the sport of developing one's muscles through hypertrophic exercises. In order to achieve muscle growth, the athlete progressively overload muscles through resistance exercises. The sport of bodybuilding has a distinct focus on aesthetics. There is a difference between other forms resistance training, such as Olympic weightlifting or powerlifting, and bodybuilding. Bodybuilding competitions are not based on how much weight an athlete can lift or move. The definition of bodybuilding is a competition in which competitors are judged on an aesthetic basis - on the size, shape, fullness, and proportions of their muscles. Govind Rao Itraju, Sports Director, CSR was the coordinator, CSR felicitated the tournament. Lastly, the program concluded with a vote of thanks by the Dean of Student Affairs, Dr Susanta Kumar Patnaik.





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Participation List:-

MALAYA PANDA	160101150001
ASHUTOSH PADHI	160101150002
SURAJ KUMAR PATRO	160101150003
RUTURAJ PRADHAN	160101150004
SUBHAM KUMAR APPAT	160101150006
AKRAM ANSARI	160101150007
SHRABANA KUMAR BISWAL	160101150008
MALAYA PANDA	160101150001
ASHUTOSH PADHI	160101150002
SURAJ KUMAR PATRO	160101150003
RUTURAJ PRADHAN	160101150004
SUBHAM KUMAR APPAT	160101150006
AKRAM ANSARI	160101150007
SHRABANA KUMAR BISWAL	160101150008
MALAYA PANDA	160101150001
ASHUTOSH PADHI	160101150002
SUNIL PATRO	150101160029



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SUKHEN BISWAS	150101160030
MANDHAPATI RAJKUMAR	150101160031
BALLYANA YOGESH KUMAR	150101160032
ABHIMANYU KUMAR	150101160034
KOSTU KIRAN KUMAR	150101160035
ARUN KUMAR PATRA	150101160036
KUMAR SHANTA ROUSHAN	150101160037
JAGADEESH KUMAR KONDURU	150101160038
IMRAN KHAN	150101160039
AMIT KUMAR	150101160040
RAHUL KUMAR SRIVASTAV	150101160041

Dr. Sushant Pattanayak
Dean (Students' Affairs)