



Street Play on World Mental Health Day, Balangir
Date: 8th October, 2018

In order to raise awareness of both physical and mental health issues as well as a variety of approaches to addressing them, CUTM Balangir honored World Mental Health Day on October 8, 2018. Dr. Nilaya Kumar Mohanty, assistant professor and head of the department of Physics, and Dr. Prafulla Kumar Sahu, professor of the department of Pharmacy, were invited as the main guests for this event. The university has scheduled a play on this day about the benefits of mental wellness. The college's students gladly participated in this. With catchy phrases, top-notch acting, and scenes demonstrating how eating right, working out frequently, getting enough sleep, meditating, and other healthy habits can help us retain a healthy life, which will result in a fairer and better mindset, they expertly portrayed a street play. The event's objective of promoting a thorough understanding of the critical connection between a person's attitude and social well-being for a sustainable way of life was accomplished. The celebration was concluded with a motivational speech from Mrs. Prativa Satpathy, the CSR coordinator, who also gave the vote of gratitude.



Students involved in Street Play on World Mental Health Day



**STREET PLAY ON WORLD MENTAL
HEALTH DAY, CENTURION UNIVERSITY,
BALANGIR**

Date: 8th October, 2018

Organized by
Centurion University of Technology and
Management

Participants list:

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Keshab Kumar Choubey	180605180011
Mahasweta Naik	180605180012
Mahesh Mishra	180605180013
Mirkashim Harsabardhan Saha	180605180014
Mousumee Tandi	180605180015
Narayana Maharana	180605180016
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Parijata Priyadarshinee Padhiari	180614100010
Roshni Meher	180614100011
Sachin Sahu	180614100012
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