



# Centurion University Technology and Management

## Workshop

on

## Achieving at University-SoM

**Date: 14-11-2019**

**Venue:** Room No. 10 AryaBhatta Building, CUTM, BBSR

**Number of Participants: 46**

**Resource Person: Samuel Crotty**

**About resource person:** Samuel Crotty was an Internship (Youth Mentoring) at Centurion University Technology and Management and deals with development and implementation of a student counselling program, promotion of mental health and wellbeing on campus, and delivery of professional development for university staff in the area of mental health.

**About the session:** Most students start out the semester with the best of intentions. Without a continued plan, though, these positive habits can wane. With some early organization and planning, you can set yourself up for success throughout the semester. In this workshop, focus is on structures of organization using the syllabi, effective academic habits, and time management that will result in the creation of own unique plan for the semester. Key skills covered during this time are goal-setting, time management, prioritization and useful campus academic resources.

### Objective:

- Study Smarter, Not Longer: Study Skills Working For You
- Bulking Up Your Notes: Strategies for Taking Notes in College
- Manage Your Time Wisely
- Bouncing Back: Moving Past Surviving to Thriving
- The Looming Exam: Push Past Procrastination to Action
- Focus & Concentration

### Outcome:

Participants learn how to manage their time

Important aspect to focus on while studying and enjoying their interest



# Faculty Development Programme on Achieving at the University

DATE: 14-11-2019

RESOURCE PERSON  
**Mr. Samuel Crotty**

Organised by:  
Centurion University of Technology & Management

centurion university of technology and management  
*Shaping Lives... Empowering Communities.*

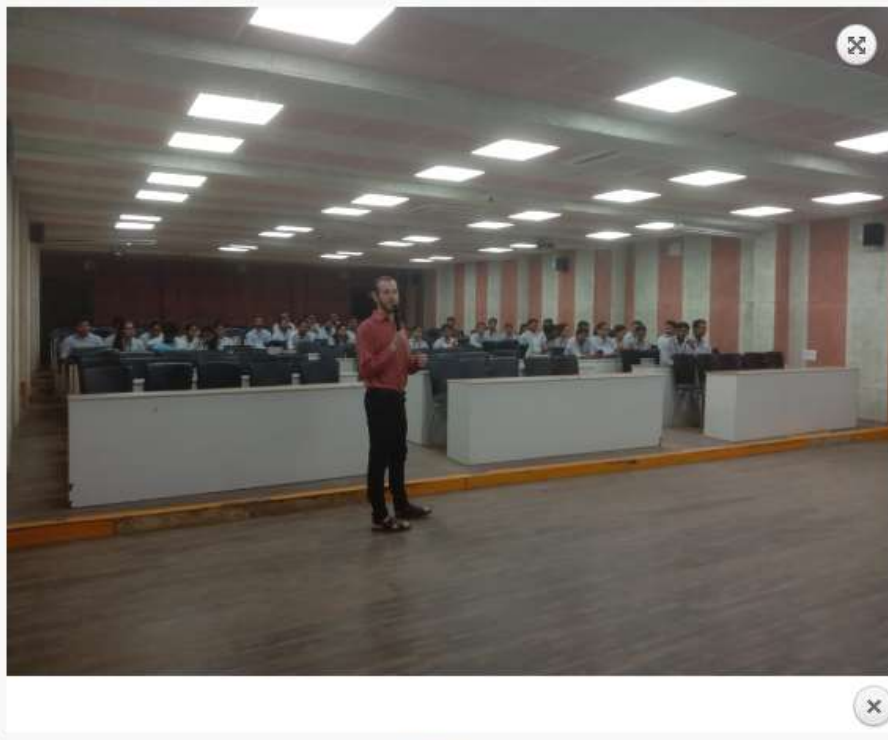


Figure: Clip from the FDP

**List of Participants:**

**Centurion University of Technology and Management**  
 Faculty Development Program on **ACHIEVING AT UNIVERSITY**  
**"Empowering Disengage Students"**  
 Presented by **'Mr. Samuel Crotty'** (51)  
 Bhubaneswar Campus  
 Student Attendance Sheet  
 Date: 14/11/2019

Time: 11:00 - 12:30

Sl No	Name	Department	Registration No	Signature
1	Sonal Sagar Sahoo	MBA	1904010001	Sonal S
2	Dipika Kumari	MBA	19040210009	Dipika
3	Shrabane Tripathy	MBA	19040210012	Shrabane
4	Guruditya Prusty	MBA	19040210050	G Prusty
5	Vijayalaxmi	MBA	19040210015	Vijayalaxmi
6	Chiranjit Subudhi	MBA	19040210009	Chiranjit
7	Brajendra P. Apalajyoti	MBA	19040210011	Brajendra
8	Swastika Nanda	MBA	19040210004	Swastika
9	Smriti Sumanika Sahu	MBA	19040210003	Smriti S
10	Jyotsna Bala	MBA	19040210013	Jyotsna
11	Maheshwari Sahu	MBA	19040210029	Maheshwari
12	Jangrajan Sahu	MBA	19040210002	Jangrajan
13	Pranav Panwarini Sahu	MBA	19040210007	Pranav
14	Chiranjit Jena	MBA	19040210032	Chiranjit
15	Jyotsna Sahu	MBA	19040210020	Jyotsna
16	Pranav Choudhary	MBA	19040210034	Pranav
17	Sadhana Sahu	MBA	19040210003	Sadhana
18	Chandanya Sahu	MBA	19040210006	Chandanya
19	Rishmita Singh	MBA (DA)	19040210001	Rishmita
20	Aam	MBA (DA)	19040210011	Aam

Sl No	Name	Department	Registration No	Signature
21	Rajesh Saha	MBA-DA	19040210007	Rajesh
22	Tarun Ranjan Saha	MBA-DA	19040210007	Tarun
23	Ipshita Mohapatra	MBA-DA	19040210009	Ipshita
24	Subhanshu Sengupta	MBA-DA	19040210005	Subhanshu
25	Mukundrajyoti Saha	MBA-DA	19040210012	Mukundrajyoti
26	Sudhanu Choudhary	MBA	19040210000	Sudhanu
27	Sovan Das	MBA-DA	19040210002	Sovan
28	Aman Kumar	MBA-DA	19040210002	Aman
29	Rakesh Kumar	MBA-DA	19040210002	Rakesh
30	Soraya Saha	MBA-Pharma	19040210003	Soraya
31	Tarun Nath	MBA	19040210001	Tarun
32	Bhagyashree Das	MBA	19040210004	Bhagyashree
33	Tarun Saha	MBA	19040210003	Tarun
34	Luce Saha	MBA	19040210003	Luce
35	Anshu Tripathy	MBA	19040210022	Anshu
36	Somendra Kalla	Pharma MBA	19040210005	Somendra
37	Shubhanshu Saha	MBA	19040210007	Shubhanshu
38	Smriti Saha	MBA	19040210003	Smriti
39	B. Pratik	MBA	19040210001	B. Pratik
40	R. Pratik	MBA	19040210003	R. Pratik
41	Abhinav Saha	MBA	19040210001	Abhinav
42	Sudhanshu Saha	MBA	19040210001	Sudhanshu
43	Bhagyashree Das	MBA	19040210004	Bhagyashree
44	Pratik Saha	MBA	19040210003	Pratik

Sl No	Name	Department	Registration No	Signature
46	Rishmita Singh	MBA	19040210001	Rishmita
47	Vijayalaxmi	MBA	19040210015	Vijayalaxmi
48	Namrata Saha	MBA	19040210003	Namrata
49	Pratik Saha	MBA	19040210003	Pratik
50	Jyotsna Saha	MBA	19040210013	Jyotsna
51	K.K. Ram Singh	MBA-DA	19040210004	K.K. Ram Singh
52	Satyajit Saha	MBA-DA	19040210010	Satyajit
53	Anshu Saha	MBA	19040210003	Anshu
54	Katrina K. Saha	MBA	19040210003	Katrina
55	Satyajit Saha	MBA	19040210010	Satyajit
56	Bhagyashree Das	MBA	19040210004	Bhagyashree
57	Pratik Saha	MBA	19040210003	Pratik
58	M. Krishna	MBA	19040210036	M. Krishna

**Centurion University of Technology and Management**  
 Bhubaneswar Campus  
**"Achieving at University"**  
 Presented by **'Mr. Samuel Crotty'** (51)  
 Student Attendance Sheet  
 Date: 14/11/2019

Time: 2:45 - 4:15 PM

Sl No	Name	Department	Registration No	Signature
1	Ram Kumar	BBA	19040210002	Ram
2	Katrina Saha	BBA	19040210003	Katrina
3	B. Pratik	BBA	19040210001	B. Pratik
4	Chiranjit Saha	BBA	19040210003	Chiranjit
5	Rakesh Kumar	BBA	19040210002	Rakesh
6	Sudipta Maiti	BBA	19040210004	Sudipta
7	Sumit Saha	BBA	19040210004	Sumit
8	N. Pratik Saha	BBA	19040210001	N. Pratik
9	A. Dinesh	BBA	19040210002	A. Dinesh
10	Fayzen Saha	BBA	19040210009	Fayzen
11	Shafiq Khan	BBA	19040210017	Shafiq
12	Pratik Saha	BBA	19040210003	Pratik
13	Smita Saha	BBA	19040210003	Smita
14	Sagar Kumar	BBA	19040210010	Sagar
15	Nishu Kumar Saha	BBA	19040210014	Nishu
16	Shivani Saha	BBA	19040210018	Shivani
17	Savitri	BBA	19040210001	Savitri
18	Anshu Saha	BBA	19040210003	Anshu
19	Rishmita Singh	BBA	19040210001	Rishmita
20	Sudhanshu Saha	BBA	19040210001	Sudhanshu

Sl No	Name	Department	Registration No	Signature
21	Nikhil Kumar Singh	BBA	19040920006	Nikhil
22	Shivam	BBA	19040920007	Shivam
23	Amit Mishra	BBA	19040920007	Amit
24	Catherine J. Haerter	BBA	19040920014	Catherine
25	Ramondrup	BBA	19040920015	Ramondrup
26	Ronal anshoni	BBA	19040920036	Ronal
27	Abhishek Mohanty	BBA	19040920037	Abhishek
28	Sanjana Das	BBA	19040920044	Sanjana
29	S. Nitawansa Arundhati	BBA	19040920035	Arundhati
30	Sanjana Agrawal	BBA	19040920008	Sanjana
31	Aditya Dasgupta	BBA	19040920042	Aditya
32	Apalita	BBA	19040920029	Apalita
33	Vinayak	BBA	19040920046	Vinayak
34	Nikhil	BBA	19040920040	Nikhil
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Sl No	Name	Department	Registration No	Signature
46	Himanshu Singh	B.COM	19041510022	Himanshu
47	Ashika Nayak	B.COM	19041510021	Ashika
48	Vishal Agrawal	B.COM	19041510038	Vishal
49	Anuman Das	B.COM	19041510044	Anuman
50	Satyajit Behera	B.COM	19041510032	Satyajit
51	Pradyumn Prasad	B.COM	19041510036	Pradyumn
52	Ritikanya Das	B.COM	19041510007	Ritikanya
53	Tanuj Jaiswal	B.COM	19041510009	Tanuj
54	Somnath Pradhan	B.COM	19041510007	Somnath
55	Vivek Ray	B.COM	19041510005	Vivek
56	Hirshik	B.COM	19041510002	Hirshik
57	Kirti Anand	B.COM	190415100024	Kirti
58	Princ	B.COM	19041510009	Princ
59	Farah Raj	B.COM	19041510008	Farah
60	Priyanshu	B.COM	19041510005	Priyanshu
61	Sonal	B.COM	190415100025	Sonal
62	Bunima	B.COM	19041510008	Bunima
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Dr. Prasanta Ku. Mohanty  
Dean Academic

Prabhat K. Pattnaik  
FDP Coordinator