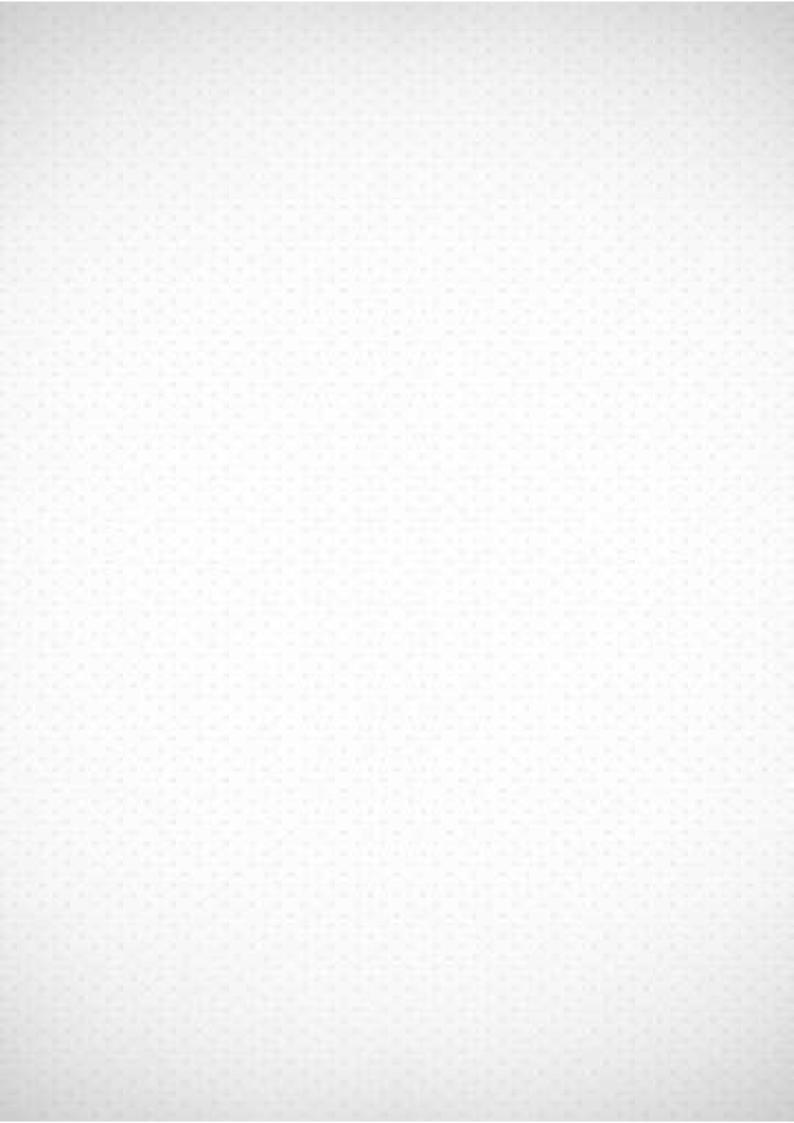


POLICY
AGAINST
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CONSUMPTION
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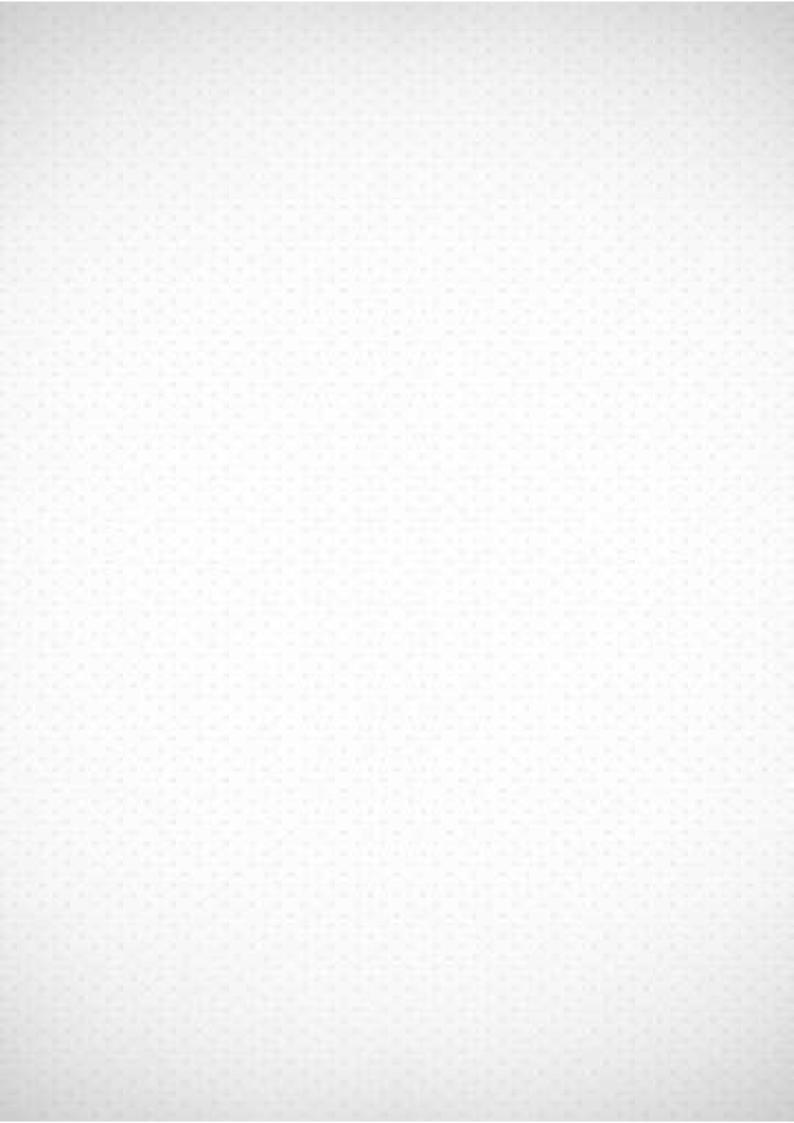
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# POLICY AGAINST SMOKING, DRUG ABUSE AND ALCOHOL CONSUMPTION 2024



CENTURION UNIVERSITY OF TECHNOLOGY AND MANAGEMENT ODISHA



#### **FOREWORD**



At Centurion University of Technology and Management (CUTM), we are dedicated to fostering a healthy, inclusive, and supportive environment. This policy reflects our commitment to the well-being and safety of all members of our university community, while promoting a culture of respect, responsibility and academic excellence.

We firmly believe that a healthy lifestyle is essential for the success and overall development of our students, faculty, and staff. By implementing this policy, the university seeks to create an environment that encourages positive choices, strengthens interpersonal relationships, and supports the pursuit of knowledge and personal growth.

Smoking poses significant health risks to both smokers and non-smokers alike. By establishing a smoke-free campus, we are taking proactive steps to protect the health and well-being of everyone in our community.

Drug abuse and alcohol consumption can have serious consequences on an individual's physical and mental health, as well as the overall safety and harmony of our campus. Through a zero-tolerance approach to drug abuse and alcohol consumption, we aim to create an environment that fosters personal growth, academic success, and meaningful connections. CUTM is committed to providing support, resources, education, and awareness programs to ensure a safe, drug-free campus for all.

By implementing this policy, we are empowering our community members to make informed decisions, cultivate healthy habits, and contribute to a campus culture that values wellness and mutual respect.

Together, we will continue building a university environment that promotes health, personal development, and academic excellence—ensuring a brighter future for all who are part of our community.

Prof. (Dr.) Supriya Pattanayak Vice-Chancellor

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**Centurion University of Technology and Management** 

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### Policy Against Smoking, Drug Abuse and Alcohol Consumption

#### 1. Introduction

The purpose of this policy and associated procedures is to maintain a healthy environment at Centurion University of Technology and Management, Odisha by defining all University premises as Smoke-Free, Drug free and Alcohol-free environments. The University has an obligation under the Cigarettes and Other Tobacco Products Act (COTPA), 2003, Narcotic Drugs and Psychotropic Substances Act 1985 (amended on 2014), Odisha Excise Act, 2008 (Alcohol being a state subject) and also ensuring the Article 21 of Constitution of India; Protection of Life and Personal Liberty to promote a smoke free, drug free and alcohol-free environment and protect the health and well-being of all. Invoking these legislations, the University is declared as smoke free, drug free and alcohol free environment.

Alcohol being a state subject and the legal drinking age in the state of Odisha is 21 but the University campus is declared as alcohol free.

### 2. Objectives of the Policy

- Ensure a safe and healthy work environment to promote the well-being of students and employees.
- Implement measures to prevent, curb, and eradicate substance abuse, alcohol consumption on campus.
- Recognize smoking, alcohol consumption and drug abuse as a serious health issue.
- Maintain a smoke-free, drug-free and alcohol-free environment by prohibiting their consumption, possession or distribution by students and employees or any other individual on campus.
- Handle substance abuse cases with sensitivity and discretion.

#### 3. Definitions

The following definitions apply for the purpose of this policy:

a) University Premises - All land, property and any location/site whether on or off campus that

may be under the control of the university or in use by the university for commercial, academic and/or research purposes, irrespective of whether the university is the owner, commercial occupier or simply a temporary user of the land, property or location/site.

- b) University vehicles It include University used vehicles such as buses, vans, cars, tractors, etc. It also includes all personal vehicles used by all employees, students, and visitors.
- c) **Environmental Tobacco Smoke** (**ETS**) Smoke that comes from the burning of a tobacco product and smoke that is exhaled by smokers. Inhaling environmental tobacco smoke is called involuntary passive smoking
- d) **Tobacco Products** It includes all tobacco, cigarettes, cigars, water pipe, betel (paan), gutka, or any other product containing tobacco designed for human consumption or use.
- e) **Drugs -** Includes all opium derivatives, opium poppy, poppy straw, cannabis, and all such drugs defined in the Narcotic Drugs and Psychotropic Substances Act 1985 (amended in 2014).
- f) **Alcohol** It means ethyl alcohol of any strength and purity having the chemical composition C<sub>2</sub>H<sub>5</sub> OH and all other such as defined in the **Odisha Excise Act 2008**.
- g) **Substance** It refers to any material suspected of having a mind-altering effect, including drugs administered orally, inhaled, sniffed, injected, or smoked.
- h) **Abuse** It means the inappropriate use of any substance, especially those with a mind- altering effects, leading to:
  - Disorderly, disruptive, or aggressive behavior impacting the community's well-being, safety, or institutional operations.
  - Engaging in or threatening behavior that endangers health, safety, or property.
  - Physical violence, actual or threatened, against individuals or groups.

#### 4. Policy Statement

Smoking, drinking, and drugs are prohibited on all University premises. The University has a responsibility to minimize adverse environmental effects and has committed to its Environmental Management Policy to reduce pollution and waste. The University is required to comply with the Cigarettes and Other Tobacco Products Act (COTPA), 2003, Environment (Protection) Act, 1986, Air (Prevention and Control of Pollution) Act, 1981

and Narcotics Drugs and Psychotropic Substances Act, 1985, Odisha Excise Act 2008 and is obliged under India's ratification of the World Health Organization (WHO) Framework Convention on Tobacco Control to protect all people from exposure to tobacco smoke.

- a) Smoking, drinking, and drug usage is also prohibited at and around all entrances to University premises.
- b) This policy applies to all the students, research scholars, staff members of the University and visitors.
- c) The University is committed to ensuring the health, safety and welfare of its employees whilst at work and its students and visitors while on campus.
- d) Sale of all drugs, alcohol, tobacco products and electronic nicotine delivery systems or ecigarettes is prohibited on University Premises.

The university has adopted the following principles:

- All persons on University Premises are entitled to a smoke-free environment;
- Smoking, drinking and drug usage is prohibited, at all times, in University vehicles;
- Smoking, drinking and drug usage is prohibited, at all times, on any approved University fieldwork activity where other persons may be exposed to Environmental Tobacco Smoke (ETS), alcohol and drugs either actively or passively.

#### 5. Procedures

#### Part A - Responsibilities

- a) The Chief Security Officer (CSO), Chief Mentor (CM), supervisors of areas, staff and students under their responsibility, must:
  - Ensure that the staff and students are aware of this policy and create awareness about the policy;
  - Understand their roles and responsibilities to ensure the policy is enforced;
  - Ensure complaints with regard to alleged breaches of the policy are dealt with expeditiously, effectively, and efficiently.

- b) All persons on University Premises:
  - Must not smoke anywhere;
  - Must not drink alcohol or its derivate;
  - Must not take drugs of any form as defined in the relevant act;
  - Must cooperate with the University in the implementation of this policy;
  - In case of any non-compliance, the grievance is presented before the CSO, CM and other security personnel for redressal.
- c) The university hostel and general administration will
  - Use signage to reflect that the University is a smoke-free, drug-free and alcohol-free educational institution and workplace.
  - Update signage, as part of the normal update cycle.
- d) Volunteers and inspectors
  - Volunteers and internal inspectors are appointed by the management of the University.
     They have the authority to collect information on breaches of the Act and Regulations and bring it to notice of the CSO and CM.
  - The inspectors are prima facie authorized to impose monetary penalties as enforceable by the law.

#### Part B - Dealing with Non-Compliance

Under the Cigarettes and Other Tobacco Products Act (COTPA), 2003, Narcotic Drugs and Psychotropic Substances Act 1985 amended on 2014, Odisha Excise Act, 2008 fines can be imposed by Inspectors, and also by CSO, CM for breaches of the act. In case of non compliance, the University may choose to implement educational, administrative, medical, counseling, disciplinary action, including, but not limited to, probation, suspension, or expulsion.

#### Part C - Assistance for Smokers, Drug Abusers and Alcohol Consumers

The University recognizes that some staff and students may require assistance to quit smoking. Counseling and referral services are available for both students and employees.

#### Part D - Policy Dissemination

It is important that all persons on University premises are aware of this policy. This will be facilitated as much as possible via the following means (but not limited to)

- a. The CM is the nodal officer for policy dissemination at the University.
- b. The dissemination methods includes, orientation, campaigns, visuals, signage and others.
- c. CM will host regular awareness campaign in the community through various methods as necessary.

#### Part E - Guidelines

Relevant Legislation.

- i. Cigarettes and Other Tobacco Products Act (COPTA), 2003
- ii. Environment (Protection) Act, 1986
- iii. World Health Organization (WHO) Framework Convention on Tobacco Control
- iv. <a href="https://legislative.gov.in/sites/default/files/A1981-14.pdf">https://legislative.gov.in/sites/default/files/A1981-14.pdf</a>
- v. https://legislative.gov.in/sites/default/files/A1985-61.pdf
- vi. http://164.100.141.241/stateexcise/Other\_Documents/ExciseACT.pdf

#### 6. Approval and Review

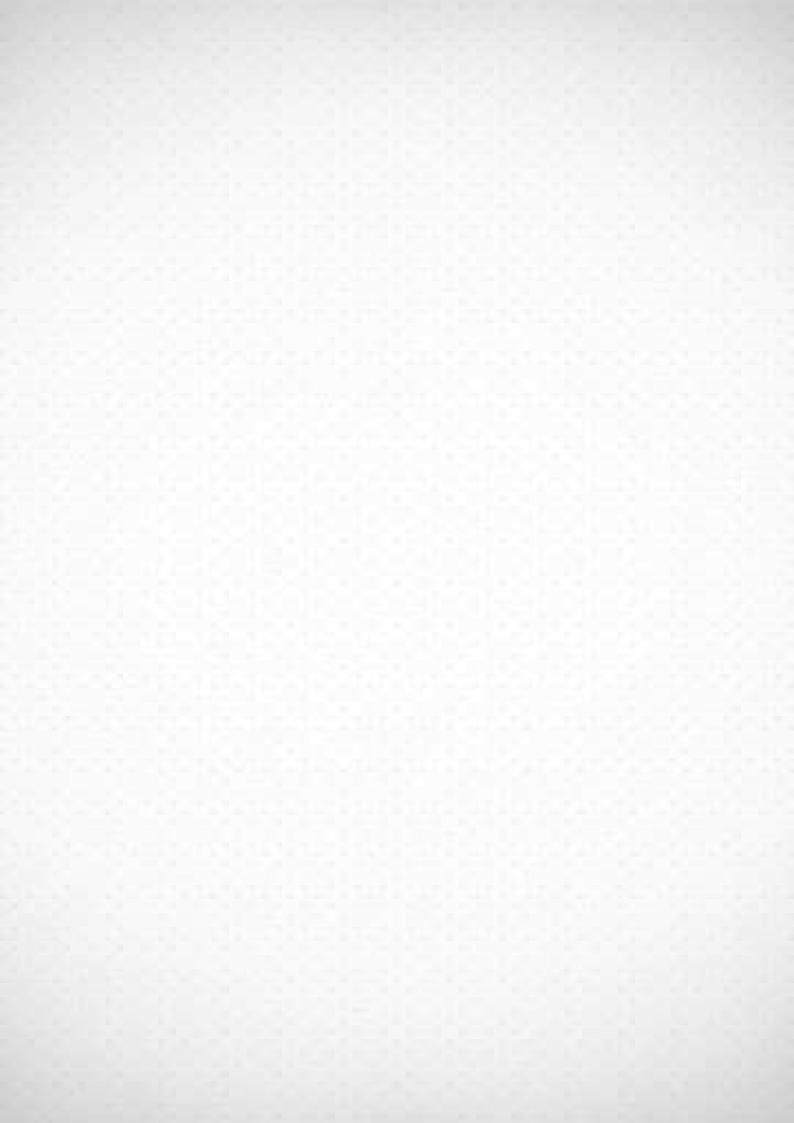
Policy against Smoking, Drug Abuse, and Alcohol Consumption is reviewed as and when required. The Registrar of the University is the custodian of the policy.

Dr. Anita Patra

Anita Patra

Registrar Centurion University of Technology and Management

REGISTRAR
Centurion University of
Technology & Management
ODISHA





## CENTURION UNIVERSITY OF TECHNOLOGY AND MANAGEMENT, ODISHA

#### **CAMPUSES:**

Paralakhemundi Campus Village Alluri Nagar P.O. – R Sitapur, Via- Uppalada Paralakhemundi, Dist.- Gajapati Odisha, India. PIN– 761211 Bhubaneswar Campus Ramchandrapur P.O. – Jatni, Bhubaneswar Dist.- Khurda, Odisha, India, PIN– 752050 Balangir Campus Behind BSNL Office IDCO land, Rajib Nagar Dist.- Balangir, Odisha India, PIN-767001 Rayagada Campus IDCO Industrial Area Pitamahal, Rayagada Dist.-Rayagada, Odisha India, PIN-765001 Balasore Campus Gopalpur, P.O.-Balasore Dist.-Balasore, Odisha India, PIN-756044 Chatrapur Campus Ramchandrapur, Kaliabali Chhak, P.O-Chatrapur, Dist.-Ganjam Odisha, India, PIN-761020