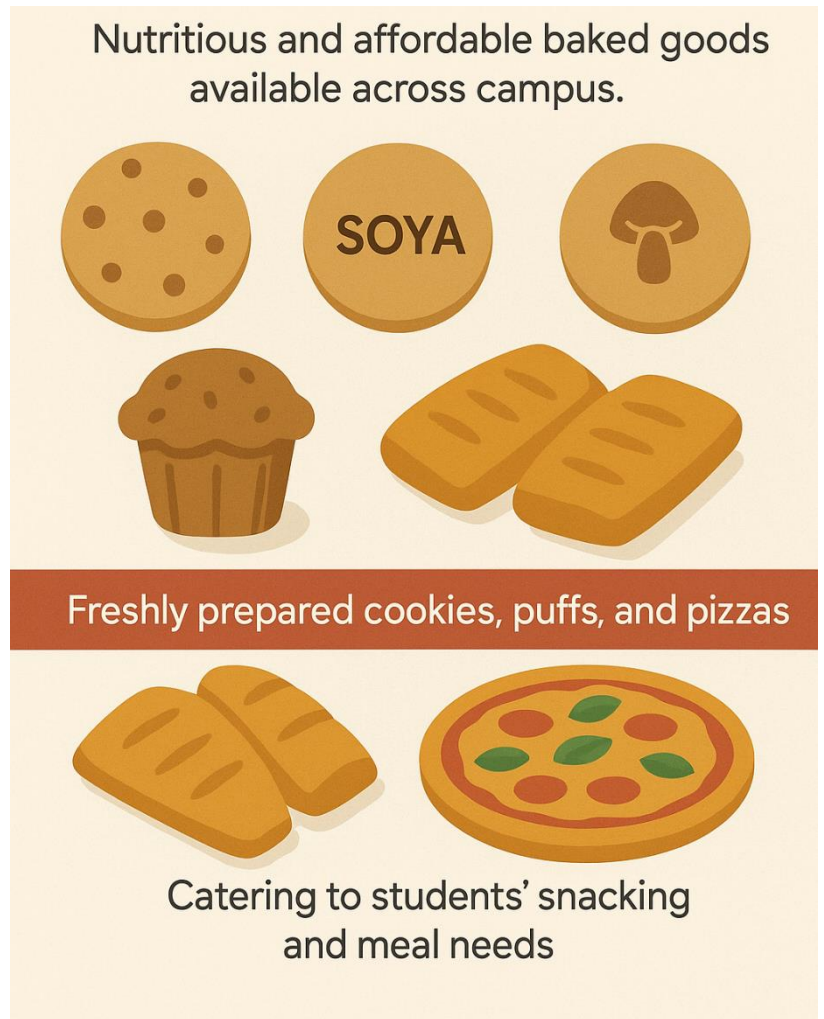


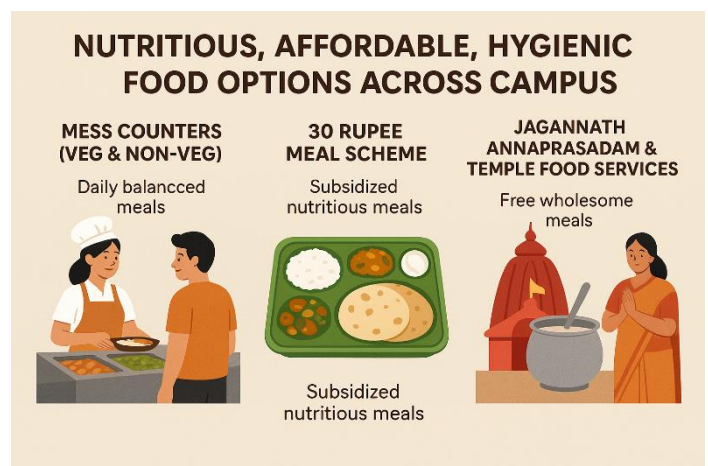
## Healthy and Affordable food Choices for all on campus

Centurion University ensures that every member of the campus community has access to **nutritious, affordable, and hygienic food options** across all food outlets. The university's approach is inclusive, sustainable, and designed to cater to diverse dietary preferences, while also keeping affordability in focus. The university promotes student-friendly baked items through its campus bakery, ensuring both health and affordability. A variety of freshly prepared options such as **cookies, soya cookies, and mushroom cookies** cater to nutritious snacking preferences, while savory choices like **veg puffs, paneer puffs, mushroom puffs, and pizzas** provide wholesome and filling meals at student-friendly prices. These baked products are prepared with a focus on hygiene, taste, and cost-effectiveness, making them accessible to all students while supporting a balanced campus food ecosystem.



### Campus Food Outlets and Mess Facilities: Subsidized

- **Mess Counters (Veg & Non-Veg):** Daily balanced meals are served in separate vegetarian and non-vegetarian counters to respect dietary choices. The menus are rotated regularly and include locally sourced grains, vegetables, dairy, and proteins to ensure nutritional adequacy.
- **30 Rupee Meal Scheme:** Subsidized nutritious meals are offered at a



nominal cost, ensuring that no student or staff member is deprived of healthy food due to financial constraints.

- **Jagannath Annaprasadam & Temple Food Services:** On certain days, students and staff can avail free wholesome meals at the university temple, meeting religious, cultural, and nutritional needs.

### Campus Dining Hubs and Retail Units

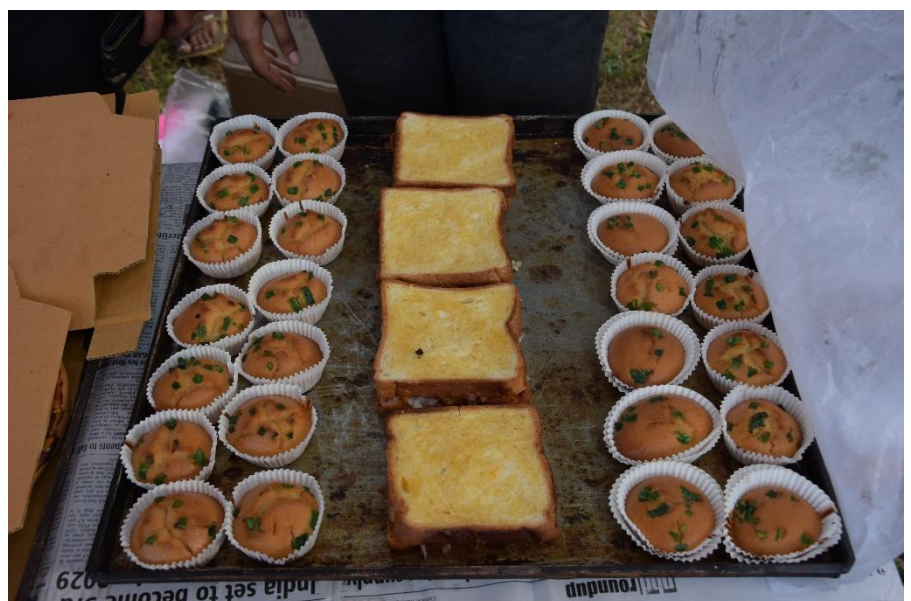
- **Centurion Coffee Connect (CCC):** Offers affordable coffee, milk-based beverages, and light snacks.
- **Snack Time Breakfast Outlet:** Provides quick, budget-friendly breakfast options for students and staff.
- **Campus Dhaba & Restaurant:** Hygienic and low-cost meals served in a familiar Indian dhaba style.
- **Bakery Unit:** Supplies fresh bread, cakes, and pastries daily, including healthier whole-grain varieties.

<p><b>CENTURION COFFEE CONNECT(CCC)</b> Offers affordable coffee, milk-based beverages, and light snacks</p>	<p><b>SNACK TIME BREAKFAST OUTLET</b> Provides quick, budget-friendly breakfast options for students and staff</p>
<p><b>CAMPUS DHABA &amp; RESTAURANT</b> Hygienic and low-cost meals served in a familiar Indian dhaba style</p>	<p><b>BAKERY UNIT</b> Supplies fresh bread, cakes, and pastries daily, including healthier whole-grain varieties</p>

### Sustainable Food Production & Skill Development

Centurion University follows a **farm-to-fork model**, producing a significant portion of food items on campus:

- **Mini Dairy:** Supplies fresh milk, yogurt, and paneer.
- **Baking Unit:** Provides fresh, student-friendly baked items.
- **Fish & Poultry Processing Units:** Adds protein-rich options at affordable prices.



- **Post-Harvest Lab:** Uses preservation technologies to minimize food waste while ensuring supply of nutritious food.

### **Health and Nutrition Awareness**

The university regularly conducts:

- **Cooking workshops** on preparing healthy, low-cost meals.
- **Nutrition awareness drives** with health check-ups and dietary counselling.
- **Sustainable initiatives** such as food waste reduction, upcycling coconut by-products, and sourcing produce from local farmers.