Centurion University
Shaping Lives...
Empowering Communities...

Community Access and Shared Utilisation of University Sports and Recreational Facilities

FREE Access to Core Facilities	**600+** School Students / Year	**1,200+** Yoga & Fitness Participants / Year	**325** Screened — Nilgiri Camp (Jul 2025)

1. Introduction

Centurion University of Technology and Management (CUTM) shares its sports facilities with the local community, including local schools and the general public. CUTM's community-facing sports and wellness model extends selected university facilities and organised physical-activity opportunities beyond enrolled students. The approach combines open access to core facilities, targeted programmes for specific community groups, and charged access to selected professional fitness services.

This report covers the sports and wellness facilities and programmes that CUTM opened to the local community, local schools and the general public in Academic Year 2025, under three access categories: free, selective free and charged.

1.1 Three Access Categories

Access category	CUTM model	Usage
Free access	Open, no-cost access to core sports/wellness resources	Cricket ground, weekly yoga, community fitness/health screening, gymnasium visits
Selective free access	Targeted no-cost programmes for specific groups	Local school students, school-level basketball championships, underprivileged children and rural school programmes
Charged access	Paid access to selected professional fitness services	Gymnasium membership, swimming pool and personal-training/bodybuilding services

2. Free Access to Sports and Wellness Facilities

2.1 Open Cricket Ground — Local School Children and General Public

CUTM's cricket ground is open, free of charge, to local school children and members of the public. In AY2025, approximately **230–260 local school children and community members** used it for physical activity, structured play and informal sport. The facility promotes active lifestyles, teamwork and sportsmanship and extends the University's sports infrastructure beyond its enrolled students.



Free access to Cricket Facility for community members and local school children at CUTM

2.2 Free Weekly Yoga Sessions for the Community

Alongside its daily on-campus yoga sessions for students and staff, CUTM runs a free weekly yoga session open to members of the local community. Sessions include basic asanas, pranayama and mindfulness practices. In AY2025, **1,200+ participants** attended these weekly community sessions. International Yoga Day (21 June 2025) was also observed across CUTM campuses, including Balasore and Paralakhemundi, with community members joining students and faculty.





Left: CUTM Yoga Club weekly practice sessions — flexibility, mindfulness, and stress relief. Right: International Yoga Day 21st June 2025 — community and faculty participation.

2.3 Free Fitness Check-up Camps

Fitness and health check-up camps complement access to physical-activity facilities by helping community members understand basic fitness and NCD risk indicators. The Nilgiri Fitness Check-up Drive on 26 July 2025 provided free BMI measurement, blood-pressure monitoring, general health screening and lifestyle counselling to 325 community members.

Camp: Fitness Check-up Drive — Nilgiri Community

Date: 26th July 2025

Beneficiaries: 325 community members

Services: BMI, BP, general health screening, lifestyle counselling

SDG Alignment: NCD early detection and Health access



2.4 Open Gymnasium Visits for Community Awareness

The university gymnasium is also used for community awareness visits, allowing residents to see modern fitness equipment and learn about structured exercise and healthy-lifestyle practices. These visits are free and complement the paid gymnasium membership described in Section 5.



CUTM's gymnasium open for community visits — showcasing fitness equipment and promoting health awareness

Free Access Impact Summary

✔ Cricket Ground: free open use; approximately 230–260 local school children and community members

✔ Yoga Sessions: weekly free sessions; 1,200+ participants annually; all ages welcome

✔ Fitness Check-up Camps: 325 individuals screened at Nilgiri (26th Jul 2025); BP, BMI, general health assessments

✔ Gymnasium Visits: community awareness visits to fitness infrastructure

✔ International Yoga Day 21st June 2025: multi-campus participation; ISKCON guest session; library yoga resources inaugurated

✔ SDG targets: NCD prevention, universal health access and health promotion

3. Selective Free Access — Targeted Community Programmes

CUTM extends targeted sports and wellness opportunities to local school students and underserved groups. These activities are particularly relevant to equitable access because they bring structured physical activity, sports skills and health education to groups that may have fewer opportunities to use quality sports infrastructure.

3.1 Free Wellness and Sports Workshops for Local School Students

Regular school-facing wellness and sports workshops combine physical-fitness exercises, sports techniques, nutrition guidance, mental-health awareness and messages on the importance of regular physical activity. In AY2025, 600+ local school students took part through demonstrations, group exercises and health talks.



Wellness and sports workshops for local school students at CUTM — fitness, nutrition, and mental health awareness

3.2 School-Level Basketball Championships — National Sports Day 2025

CUTM hosted school-level All-Odisha +2 basketball championships on 29 August 2025 as part of National Sports Day. The championships opened CUTM's basketball facilities to 16 school teams from across Odisha.

Competition	Date	Participating teams	Champion	Facility shared
All-Odisha Boys +2 Level Basketball Championship	29 Aug 2025	8 school teams (quarter-finals)	Raghunath Jew School	Basketball courts — visiting school teams
All-Odisha Girls +2 Level Basketball Championship	29 Aug 2025	8 school teams (quarter-finals)	Mothers Public School	Basketball courts — visiting school teams

Quarter-finalists in the boys' competition were TSG Gurukul, ODM Global School, Mothers Public School, GD Goenka School, Gyan Bikash School, KT Global School, Raghunath Jew School and K.V. Puri; Raghunath Jew School won the final against Gyan Bikash School. Quarter-finalists in the girls' competition were Mothers Public School, TSG Gurukul, ODM Global School, Sankalp Public School, Emarti Devi School, GD Goenka School, St. Joseph School and Govt. Girls High School; Mothers Public School won the final against St. Joseph School.



All-Odisha Boys +2 Level Basketball Championship, at CUTM, 29 August 2025.



All-Odisha Girls +2 Level Basketball Championship, at CUTM, 29 August 2025.

3.3 District-Level Football and Community Youth Engagement

A District-Level Football Knockout Tournament was organised by CUTM on 28 June 2025, open to youth teams from the surrounding community.





District-Level Football and Community Youth Engagement

3.4 Targeted Sports and Health Support for Underprivileged Children

CUTM conducts dedicated fitness coaching and health-awareness sessions for children from economically weaker backgrounds, combining structured exercise with messages on hygiene, balanced diet and physical activity. A programme at Pranaballab Public School, Anandapur (Keonjhar), on 11 December 2025 provided underprivileged school children with fitness coaching, exercise sessions and health education.



Targeted Sports and Health Support for Underprivileged Children

3.5 School Fitness Programme — CUTM Bolangir

On 7 November 2025, the School of Nursing, CUTM Bolangir, conducted a school-community health programme at Ratanpur Primary School and Ratanpur Rural Village. GNM 1st-year students took the initiative to promote health and fitness awareness among children and villagers by encouraging regular physical activity, outdoor games, simple exercises, adequate hydration, balanced nutrition, proper sleep, and healthy daily routines while discouraging sedentary habits and promoting overall physical and mental well-being.



School Health Programme — CUTM Bolangir

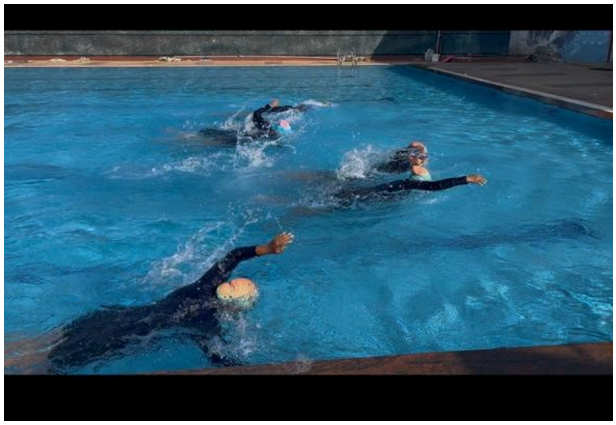
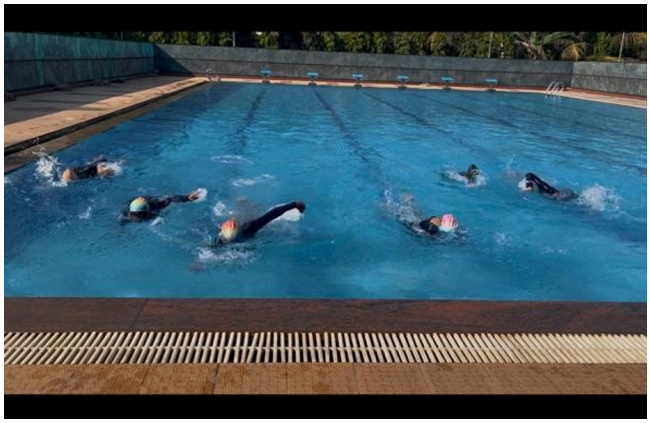
4. Sports Events Hosted for External Participants

Event	Date	Facility shared	Participants
All-Odisha Boys +2 Basketball Championship	29 Aug 2025	Basketball courts	8 visiting school teams; organised by CUTM
All-Odisha Girls +2 Basketball Championship	29 Aug 2025	Basketball courts	8 visiting school teams; organised by CUTM
District-Level Football Knockout Tournament	28 Jun 2025	Football ground	Youth teams from the surrounding community

5. Charged Access — Sustainable Fitness Services

CUTM also offers charged access to selected professional fitness facilities and services for community users. This tier includes gymnasium membership, swimming-pool access and personal-trainer/bodybuilding programmes. These services provide structured opportunities for adults and youth to undertake regular physical activity under a professional fitness environment.

- Gymnasium membership: access to modern exercise equipment and structured fitness environments.
- Swimming pool membership: access to regular aquatic exercise and cardiovascular fitness activities.
- Personal trainer and bodybuilding programmes: customised strength, aerobic, flexibility and weight-management guidance.

Swimming pool membership: access to regular aquatic exercise and cardiovascular fitness activities.




Gymnasium membership: access to modern exercise equipment and structured fitness environments.

6. Quantitative Impact and Evidence Summary — AY2025

Indicator / activity	Figure	Access model	Community benefit
Free weekly community yoga	1,200+ participants/year	Free	Community wellness access
Local school wellness & sports workshops	600+ school students/year	Selective free	Direct school-community access
Nilgiri Fitness Check-up Drive	325 community members; 26 Jul 2025	Free	Community fitness/health access
All-Odisha Boys +2 Basketball	8 visiting school teams (quarter-finals); 29 Aug 2025	Selective / hosted sports event	External-school access
All-Odisha Girls +2 Basketball	8 visiting school teams (quarter-finals); 29 Aug 2025	Selective / hosted sports event	External-school access
District Football Tournament	Youth teams from the community; 28 Jun 2025	Community sports	Community sports access

Cricket ground	≈230–260 school children and members of the public	Free	Direct facility sharing
Gymnasium community visits	Free community awareness visits	Free awareness access	Direct facility exposure

7. Best Practices

1. Open-access sports infrastructure: making the cricket ground and selected wellness resources available beyond the enrolled student population.
2. Targeted school engagement: providing structured sports and wellness opportunities for local school students.
3. School-level competitive sport: hosting All-Odisha +2 boys' and girls' basketball championships that bring external school teams into CUTM's sporting environment.
4. Integrated wellness model: combining physical activity with health screening, lifestyle counselling and preventive-health education.
5. Equity-focused programming: directing selected activities toward underprivileged children and rural school communities.
6. Multiple access pathways: combining free community access, selective programmes and paid professional fitness services.

8. Conclusion

For Academic Year 2025, CUTM demonstrates a structured approach to sharing sports and wellness resources with the wider community through open cricket-ground access, free weekly yoga, community fitness screening, school wellness workshops, targeted programmes for underserved children and school-community health initiatives. CUTM also hosted the All-Odisha Boys and Girls +2 Level Basketball Championships on 29 August 2025, which opened its basketball facilities to 16 school teams from across Odisha. Key figures for the year are 600+ local school students engaged annually in wellness and sports workshops, 1,200+ annual participants in free weekly yoga, and 325 community members screened at the Nilgiri Fitness Check-up Drive on 26 July 2025. These events show CUTM's role as a platform for school-level and community-oriented physical activity.